

## **Notice of Privacy**

This Notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

### **Your Privacy Rights**

At Bright Side Wellness, we are committed to protecting your personal health information in compliance with the Health Insurance Portability and Accountability Act (HIPAA) and New Jersey state laws. We understand that your health information is personal, and we are dedicated to safeguarding your privacy.

### **Uses and Disclosures of Health Information**

We may use and disclose your health information for the following purposes:

- **Treatment:** To provide, coordinate, or manage your healthcare and any related services.
- **Payment:** To obtain payment for the healthcare services we provide to you.
- **Healthcare Operations:** For activities that are necessary to operate our practice and ensure quality care.

### **Your Rights Regarding Health Information**

You have the following rights regarding your health information:

- **Right to Inspect and Copy:** You can review and obtain a copy of your health records.
- **Right to Amend:** You may request an amendment to your health information if you believe it is incorrect or incomplete.
- **Right to an Accounting of Disclosures:** You can request a list of certain disclosures we have made of your health information.

If you have any questions about this Notice or need further information, please contact us at Bright Side Wellness. Your privacy is a top priority for us, and we are here to address any concerns you may have.